

## Fact Sheet for Children's Health

**Matthew 19:14** - Jesus said, "Let the little children come to me, and do not hinder them, for the kingdom of heaven belongs to such as these." It is evident in the ministry of Jesus that his focus on the wellbeing of children suggests a providential care and concern for their overall health.

### Basic facts for Children's Health<sup>1</sup>

- Children's health, or pediatrics, focuses on the well-being of children from conception through adolescence
- Regularly scheduled appointments with a pediatrician are necessary in order to develop a healthy profile or record of care for a child
- Home and Family location and environment are important to a child's growth and development
- School is a place in which social interaction and higher learning takes place
- Friends and relationships outside the family network can provide healthy and unhealthy forms of dependence
- Emotions and Behaviors are an exploration of the child's discovery of who he or she is, and when negative emotions and behaviors are exhibited they should be addressed immediately by a licensed or certified professional
- Thoughts and feelings are the gateway to the personality of the child and can provide a positive learning tool into the child's development
- Physical and spiritual fitness pertain to the health and wellness of the child as it relates to nutrition, physical limitation if any and the overall ability to run, jump, skip, play, or roll
- Church and community are central links that provides a child with an opportunity to participate in local as well as global issues

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<sup>1</sup> Basic fact and data information found on Health for Children was found surveying several internet web-sites.